

***Dr. Kanchan Sharma, MBBS, MD, FIPM, MEBP(AIIMS)***

***Director and Consultant Pain Physician*** at Aadhya Pain Management Centre, Vidhyadhar Nagar, Jaipur.

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### **ACADEMIC EXPERIENCE**

- M.B.B.S Madras Medical College, Chennai, TN
- MD(Anesthesia) RNT Medical College Udaipur, Rajasthan
- Fellowship in Interventional Pain Management(2015-2016)  
Aesculap Academy affiliated Centre, Kolkata, India
- IASP-ISSP Multidisciplinary Evidenced-Based Programme 2017 (AIIMS)
- Certificate course on Rheumatic diseases from EULAR Singapore.(Persuing)
- Online Elseiver Research training in Medical Research.
- Online CME Programme on various pain related cases conducted by Sidney Kimmel Medical College at Thomas Jefferson University.
- Online CME programmed entitled “SCOPE of Pain: Safe and Competent Opioid Prescribing Education.” Conducted by Botson University School of Medicine.
- EDPM -Part 1 cleared

### **WORK EXPERIENCE**

- Senior Resident Cardiac Anaesthesia S.K.Soni Hospital August2012-Oct 2012
- Senior Resident Anaesthesia Metro Mas Hospital,Jaipur Nov 2012- April 2013
- Senior Resident Anaesthesia Sms Medical College,Jaipur May2013-Jun 2015
- Fellow of Interventional Pain Management,Kolkata July 2015- Oct 2016
- ***Director and Consultant Pain Physician***,Aadhya Pain Management Centre, Vidhyadhar nagar, Jaipur (Nov 2016- Till date)

### **PUBLICATIONS:**

#### **Original article:**

- Sharma K, Agarwal A, Raiger L, Kumari I.A randomized double blind study comparing postoperative analgesia provided by multilevel thoracic Para Vertebral Block using bupivacaine (0.5%) and ropivacaine (0.5%) in breast surgery”. Journal of Evolution of Medical and Dental Sciences 2013; Vol2, Issue 34, August 26; Page: 6525-6532.
- Agarwal A, Sharma K, Parashar S, Sharma A, Meena M. Prevention of hypotension during propofol induction: a comparison of preloading with ringer lactate and intravenous ephedrine. Journal of Evolution of Medical and Dental Sciences 2013; Vol2, Issue 35, September 2; Page: 6640-6650.

- Sharma K, Das G , Vilano EQ, Mandal S. Neuropathic Pain and Depression:A Prospective Study .Journal on Recent Advances in Pain,January-April2016;2(1):6-10.
- Manisha, Babita, Lall T, Singh B, Sharma K, Dadhich R. A comparative study of propofol and isoflurane for the maintenance of anesthesia in spine surgery using the bispectral index monitor: a randomized control study. Ain-Shams J Anaesthesiol 2016;9:584-92
- Das G , Dey S ,Sharma R,Sharma K,Dutta D,Roy C: Rami Communicans Block Prior To Transforaminal Endoscopic Dissectomy Relieves Procedure Pain Significantly And Adds Safety: A Case Control Study . Journal on Recent Advances in Pain,May-August2017;3(2):90-95
- B Sarvesh,BT Shivaramu,Sharma K,Agarwal A: Addition of Dexmedetomidine to Ropivacaine in Subcostal Transverse Abdominis Plane Block Potentiates Postoperative Analgesia among Laproscopic Cholecystectomy Patients: A Prospective Randomized Controlled Trial.Anesthesia :Essay and Researches 2018:Vol 12,Issue 4,Oct-Dec 2018.
- B Sarvesh,Prasanth G Raj,MS Soumya,V Kumar, Sharma K,Agarwal A: Addition of Dexmedetomidine as an adjunct to Ropivacaine in Ultrasound Guided Paediatric Caudal Epidural Block:A Randomised Controlled Study.Journal of Clinical and Diagnostic Research.2019 Jun,Vol-13(6):UC10-UC13

#### **Case Reports:**

- Bhatia M, Sharma K, Gandhi A, Purohit S. Anesthetic management of occipital Meningoencephalocele: a case report IJSAR, 2(7), 2015; 105-107.
- Villano EQ, Das G, K Sharma, Rihwani K. A Case of Piriformis Syndrome Mimicking Radiculopathy. Journal on Recent Advances in Pain,May-August 2015;1(1):24-25

#### **Letter to the editor :**

- Meena US,Kataria R,Sharma K,Sardana VR.Penetrating spinal cord injury with screwdriver insitu,leading to Brown-Sequard Syndrome.Journal of Neurosciences in Rural Practice.2016;7(2):324-327 doi:10.4103/0976-3147.178664

#### **Review Article:**

- Sharma K, Das G, B Sarvesh, Agarwal A.Platelet-Rich Plasma for Degenerative Joints:What is the evidence?.Indian Journal of Pain 2019,Vol-33(3):126-130

#### **Books:**

- **Author of two chapters** : Introduction to clinical methods in pain medicine and low back pain in “Clinical methods in Pain Medicine” book 2<sup>nd</sup> edition CBS Publishers
- **Author of four chapters:** Pain Pathways, Types of Pain, Psychological aspect of the pain and, Shoulder pain in “Basics of Pain Management” book 1<sup>st</sup> edition CBS Publishers
- **Section editor** in Basics of Pain Management” book 1<sup>st</sup> edition CBS Publishers
- **Author of one chapter** Back pain in “Handbook of Pain and Palliative Medicine” Paras Medical Publisher
- **Article** on Interventional Pain Management in ISSPCON 2017 Souvenir

**Journal:**

- Associate Editor JORA PAIN.

**AWARDS & RECOGNITION**

- Distinction in biochemistry and medicine.
- Got “**Best PG Paper**” award in 15<sup>th</sup> RAJISACON 2011 conference held in Jhalawar at Jhalawar Medical College, Rajasthan.
- **Nominated for TN JHA Memorial Award** 2012 in ISACON 2012 at Indore, M.P
- **1<sup>st</sup> prize in Pain Brain tournament** in ICRA-PAIN 2015, Kolkata
- **Nomination award for Young Pain Physician** 2015-2016 at ICRA –PAIN, 2016,Kolkata
- **Women’s Excellence Achievement Award** January 2019,Jaipur
- **The Erudite Award in Women Recognition Award Season 7 2019** organized by FM Tadka and Rajasthan Patrika
- **Organising secretary:** Research methodology and publication workshop held in Jaipur on 10<sup>th</sup> of July 2016
- **Organising Committee member:** ISACON 2015,Jaipur.
- **Assistant secretary and Scientific committee member** ISSPCON 2017,Jaipur.

**PRESENTATIONS**

- Faculty Speaker in a C.M.E on “Pain Management: An Update: organised by NIMS University ,Jaipur .Lecture on Radiofrequency Ablation In Pain Management.

- Faculty : 63<sup>rd</sup> Annual National Conference of Indian Society of Anaesthesiologist, Jaipur 2015
- Faculty Speaker in a C.M.E organised by Apollo Spectra Jaipur.Lecture on Low Back Pain: Pain Physician Approach.
- Faculty Speaker in a Cadaveric Workshop for Basic and Advance procedures in Pain Management, NEGRIHMS,Shillong
- Faculty Speaker in the Live workshop on USG Guided Interventions ,Workshop on Shoulder pain and Research Methodology and Publications in ICRA 2016.
- Faculty Speaker in a C.M.E on Interventions in Low Back Pain Patient” in Jaipur at Ramada organised by JNJ.
- Faculty Speaker : USG guided Workshop on Chronic Pain Interventions, Workshop on Clinical Methods in Pain Medicine, ISSPCON2017,Jaipur
- Faculty Speaker : 65<sup>th</sup> Annual National Conference of Indian Society of Anaesthesiologist, Kolkata 2017
- Faculty Speaker in a CME on Chronic Pain in Ajmer organised by Intas Aquila for orthopaedic surgeons.
- Faculty Speaker in Daradia Pain Meet 2018 at Kolkata
- Faculty Speaker: ISSPCON 2018 at Delhi
- Faculty Speaker:WBISSPCON 2021 at Kolkata

### **CONFERENCES ATTENDED**

- National Conference of Association of Obstetrics Anaesthesiologists 1st Joint AOA-OASAO (Obstetrics Anaesthesia Society Asia Oceania) Meet. 17<sup>th</sup> and 18<sup>th</sup> September 2011
- 59<sup>th</sup> Annual National Conference of Indian Society of Anaesthesiologist.23-29<sup>th</sup>December 2011
- XV Annual of Conference of Rajasthan State Chapter, Indian Society of Anaesthesiologist 2011, 11-12<sup>th</sup> February 2012
- 22<sup>nd</sup> National Conference of Research Society of Anaesthesiologist Clinical Pharmacology, 26-28<sup>th</sup> October 2012
- 60<sup>th</sup> Annual National Conference of Indian Society of Anaesthesiologist,Indore 2012
- International Conference On Recent Advances In Pain 2015 Kolkata.
- 63<sup>rd</sup> Annual National Conference of Indian Society of Anaesthesiologist, Jaipur 2015

- AIIMS Pain Practice And Regional Anaesthesia Conference 2016, New Delhi.
- 31<sup>st</sup> Annual conference of the Indian Society For The Study Of Pain, Indore 2016
- International Conference On Recent Advances In Pain, Kolkata 2016
- 32<sup>nd</sup> Annual conference of the Indian Society For The Study Of Pain, Jaipur 2017
- International Conference On Recent Advances In Pain, Kolkata 2017
- 65<sup>th</sup> Annual National Conference of Indian Society of Anaesthesiologists, Kolkata 2017
- 33<sup>rd</sup> Annual conference of the Indian Society For The Study Of Pain, Jaipur 2017
- UCPM 2018 conducted by WAPMU India Chapter ,Bengaluru,2018
- Virtual WBISSPCON 2021 ,Kolkata,2021

### **WORKSHOPS ATTENDED:**

- Advanced Obstetric Analgesia: National Conference of Association of Obstetrics Anaesthesiologists 1st Joint AOA-OASAO (Obstetrics Anaesthesia Society Asia Oceania) Meet. 16<sup>th</sup> September 2011
- 44<sup>TH</sup> GISACON 2011 Workshop 15<sup>th</sup> Oct 16<sup>th</sup> Oct 2011 Difficult Airway, Peripheral Nerve Blocks.
- Acute Pain Management Workshop : 59<sup>th</sup> Annual National Conference of Indian Society of Anaesthesiologists. 23-29<sup>th</sup> December 2011
- Blood Safety Training Programme 15 March 2012, RNT Medical College, Udaipur
- Difficult airway: 22<sup>nd</sup> National Conference of Research Society of Anaesthesiologists Clinical Pharmacology, 26-28<sup>TH</sup> October 2012
- USG Guided Interventional Pain Course at IPSC Dwarka New Delhi
- Ultrasound Guided Pain Interventions ICRA 2015
- Basic and Advance Cadaveric Workshop in Pain Management, AIIMS Pain Practice And Regional Anaesthesia Conference 2016 New Delhi

- Research and Methodology Workshop in 63<sup>rd</sup> Annual National Conference of Indian Society of Anaesthesiologists, Jaipur 2015
- Ultrasound Guided Chronic Pain Interventions ICRA PAIN 2016.
- Ultrasound Guided Chronic Pain Interventions in 32<sup>nd</sup> Annual conference of the Indian Society For The Study Of Pain, Jaipur 2017

### **SOCIAL AWARENESS**

- Pain awareness camps at, Chirawa, Pilani, Singhana, Surajgarh, Jhunjhunu, Bassi, Bagru, and Shahpura.
- *Released a booklet on Myths in Pain Management on the eve of ISSP Foundation Day on 10<sup>th</sup> of July 2016.*
- *Released an Information Booklets about Pain Management Speciality for general public.*
- *Released a booklet with a complete information on various evidenced based interventional procedures for the general population.*

### **MEMBERSHIP OF SOCIETIES:**

- Indian Society Of Anaesthesiologist
- International Society For Study Of Pain
- Indian Society For Study Of Pain
- European Society For Regional Anaesthesia And Pain Therapy
- Association of Obstetric Anaesthesiologist

### **COURSES FOR DOCTORS**

- Started **Ultrasound-Guided Regional Anaesthesia Related Nerve Block Masterclasses** for doctors for the first time in Jaipur, Rajasthan, India in July 2019.
- Faculty :Aesculap Academy Daradia Fellowship in Pain Medicine Basic and Advanced
- Faculty :Fellowship in Musculoskeletal Pain Management

### **FUTURE PROJECTS IN PIPELINE**

- Organised social awareness programmes in different parts of Rajasthan to make the general population aware about the various modalities of pain management treatments available to treat chronic pain.
- To spread knowledge about chronic pain and its aftereffect in our daily life.